

Active@Faith



JUNIOR SCHOOL ATHLETICS CARNIVAL AND INTERHOUSE SPORTS SPECTACULAR

Wednesday 14 and Friday 16 June 2023

Athletics season is upon us, and our students are currently practising their skills during PE lessons to prepare for the Annual Years 4-6 Athletics Carnival and Years Prep-3 Sports Day. It is an opportunity for students to get active, compete, have fun, build comradery, and revel in the house spirit the day brings.

The **Years 4 to 6 Athletics Carnival** is for every student to participate in, and contribute to the overall house scores. The Carnival is also a selection pathway for those whose strength is athletics, by rewarding their performance and providing the opportunity to be selected in team squads for various competitive and representative athletics carnivals.

The team for the Junior Athletics squad will be based on the performance of the students and on their participation in training sessions and event trials after the Carnival.

The aim of the **Prep to Years 3 Sports Spectacular** is to get the students together to be challenged in a fun sports competition and to enjoy being active together with other students.

Year 12 Students will be joining the Preppies in their rotational activities to mark the celebration of 100 days of Prep completed and 100 days left to go of Senior School. This has always been a memorable day for both our Preppies and Seniors.

There will be designated supporters' areas for parents to view the action from.

Please see below a program of events for the two days.

Requirements for the Carnival will be:

- **Students are to wear their sports uniform – including house shirt and sports hat.**
- **Drink (a water bottle is essential)**
- **Substantial morning tea and lunch.**
- **Sunscreen** (sunscreen will also be available throughout the day).
- **Any required medication on the day that isn't already registered (especially for asthma).** Any new medications are to be registered at the office.

We are looking forward to a very enjoyable and competitive Sports Spectacular!!

Thank you for your support of Junior Sport and Beware the Falcon!

Nicole Hutchinson
Director of Culture and Sport

Steve O'Carroll
Sport Coordinator - Junior School

Program of Events

Pre-Carnival Events:

High Jump: All age groups are given the opportunity to compete for the age championship competition in the weeks leading up to the Athletics Carnival.

Field Events: Selected age groups complete preliminary rounds prior to the carnival. Only the age groups where more than the maximum number of students reached the qualifying standard are selected.

Wednesday 14 June (DAY 1)

Years 4 - 6

Session 1- **8:45am** Classes arrive; students split into house tents.
 8:55am marshalling for the 800m.
 9:00am 800m (Years 4 to 6, with selected Year 3 students)
 9:40am Field Events Rotations (Years 4 to 6, with selected Year 3 students)

Time	Shot Put	Javelin	Long Jump	High Jump	Discus	Restricted Triple Jump
9:40am	12 Years Boys & Girls	11 Years Girls	11 Years Boys	10 Years Boys	10 Years Girls	9 Years Boys & Girls
10:10am	9 Years Boys & Girls	12 Years Boys & Girls	11 Years Girls	11 Years Boys	10 Years Boys	10 Years Girls
10:40am	MORNING TEA					
11:20am	10 Years Girls	9 Years Boys & Girls	12 Years Boys & Girls	11 Years Girls	11 Years Boys	10 Years Boys
11:50am	10 Years Boys	10 Years Girls	9 Years Boys & Girls	12 Years Boys & Girls	11 Years Girls	11 Years Boys
12:20pm	11 Years Boys	10 Years Boys	10 Years Girls	9 Years Boys & Girls	12 Years Boys & Girls	11 Years Girls
12:50pm	11 Years Girls	11 Years Boys	10 Years Boys	10 Years Girls	9 Years Boys & Girls	12 Years Boys & Girls
1:20pm	LUNCH- Restricted use of oval, so that equipment set-up is ready for Session 3 events.					

Session 3: **2:00pm** Classes arrive; students split into house tents.
 2:05pm marshalling for the 200m.
 2:50pm Pack up; wrap up Day 1

Friday 16 June (DAY 2)

Kindy – Year 6

<u>Session 4:</u>	8:45am	Classes arrive; students split into house tents.
	8:55am	Marshalling for the 100m.
	9:00am	100m (Years 4 to 6, with selected Year 3 students)
	9:50am	Relay marshalling
	10:00am	4x100m Shuttle Relays (Year 4 to Year 6)
	10:40am	Morning Tea
<u>Session 5:</u>	11:15am	Prep to Year 3 assemble in class groups and move to the oval. Kindy groups come onto the oval.
	11:25am	Rotation Activities begin.
	1:15pm	Pack up activity equipment.
	1:20pm	Normal lunch break.
<u>Session 6:</u>	1:55pm	Whole school in house tents on oval.
	2:00pm	Track Events: "The 350" (House Points)- Year 4, 5, 6 Boys and Girls 80m sprint Year 3 Boys - Year 3 Girls Year 2 Boys - Year 2 Girls Year 1 Boys - Year 1 Girls Prep Boys - Prep Girls Kindy Green - Kindy Blue
	2:30pm	One Lap Race: Year 3 Boys, Year 3 Girls Prep Boys, Prep Girls (Prep groups return to their classes at teachers' discretion after their run). Kindy Green, Kindy Blue (Kindy groups return to their classes after their run) Year 1 Boys, Year 1 Girls Year 2 Boys, Year 2 Girls
	2:50pm	Completion of all events.
<u>Presentations:</u>		<i>House trophy and Age Champions will be announced during the first available assembly of Term 3.</i>